

# The 4 Cs - SOLE

Our School *CODE* guides our conduct.

- Care for **S**elf
- Care for **O**thers
- Care for **L**earning
- Care for our

## Environment

### The Non-Negotiables at MRIS

1. No Put-Downs
2. No Violence
3. Wear a hat
4. Walk on paths

# CARE FOR S.O.L.E

<p style="text-align: center;"><b>Care for SELF</b></p> <p>We show care for ourselves when...</p> <ul style="list-style-type: none"> <li>- We take pride in our appearance by washing regularly, brushing our teeth and keeping our hair neat and tidy.</li> <li>- We use the three B's to calm ourselves and remain centred.</li> <li>- We stay open-minded to accept challenges and find ways to overcome them.</li> <li>- We eat healthy and drink plenty of water.</li> <li>- We are kind to ourselves and use positive language to support us through difficult times.</li> <li>- We are Sun Smart by using a hat and sunscreen.</li> </ul>	<p style="text-align: center;"><b>Care for OTHERS</b></p> <p>We show care for others when...</p> <ul style="list-style-type: none"> <li>- We are kind and respectful.</li> <li>- We listen to other people's opinions.</li> <li>- We are compassionate and understanding of difference.</li> <li>- We share our thoughts and feelings to improve our relationships.</li> <li>- We give positive compliments rather than put downs.</li> <li>- We ask permission before touching anyone.</li> <li>- We respect other people's property, asking permission before we take items that don't belong to us.</li> <li>- We work together and communicate effectively.</li> </ul>
<p style="text-align: center;"><b>Care for LEARNING</b></p> <p>We show care for learning when...</p> <ul style="list-style-type: none"> <li>- We are organised for class and take care of our belongings.</li> <li>- We take pride in our work and always try our best.</li> <li>- We work cooperatively with our classmates and teachers.</li> <li>- We respect our teachers and value all they do for us.</li> <li>- We follow the school rules and recognise MRIS as a peace zone.</li> <li>- We respect the classroom environment as a place of learning and the teacher as the person in charge of our learning.</li> <li>- We are prepared and willing to be challenged, keeping an open mind to new experiences and ways of thinking.</li> </ul>	<p style="text-align: center;"><b>Care for the ENVIRONMENT</b></p> <p>We show care for the environment when...</p> <ul style="list-style-type: none"> <li>- We leave the bush undisturbed.</li> <li>- We take it upon ourselves to learn about our local environment and the ways we can make a positive contribution.</li> <li>- We are Waste Wise by disposing of waste appropriately, using compost bins and following our school nude food policy.</li> <li>- We are Water Wise by ensuring we use water efficiently without waste.</li> <li>- We take pride in our school environment and keep classrooms and the playground tidy and litter free.</li> </ul>