

## From the Principal

Dear Parents and Friends, “Kaya”

At Our School ..... we teach children the difference between being RUDE, MEAN or BULLYING. It is important that we are all aware of these differences.

RUDE = When someone says or does something unintentionally hurtful and they do it once

MEAN= When someone says or does something intentionally hurtful and they do it once

BULLYING =When someone says or does something intentionally hurtful and they keep doing it – even when you tell them to stop or show them that you're upset.

From Last week – Bullying - is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Love Wendy

**Weekly Wisdom** “ Gossip is mischievous, light and easy to raise, but grievous to bear and hard to get rid of. NO gossip ever dies away!!” .... Hesiod 700 BC

### Virtue of the Week: Tact

You are practising this when you

- Think before you speak
- Decide if it is better to tell the truth or keep silent
- Often keep unpleasant or critical thoughts to yourself
- Become sensitive to other people's feelings
- Tell the truth kindly and gently
- Treat people who look different as you would treat anyone

**Parenting Ideas:** Leaving your kids home alone

<https://www.parentingideas.com.au/blog/leaving-your-kids-home-alone/>

## MRIS Frog Melody a hit!



A song-writing, singing and recording project by Margaret River Independent School students has resulted in a fabulous song about saving frogs.

The ‘Frog Song’ will be unveiled at the upcoming launch of the school's new BEES (Building Environmental Education Sustainability) website on September 24 and again at the MRIS High Tea & Ecology Morning on November 1.

MRIS music teacher, Pam Tuffin said the MRIS Ensemble, with the help of Manfred Bruggler, professionally recorded and mixed the song which originated from a sustainability song writing task.

“It was an amazing effort from everyone. Their commitment to practice and their patience in the recording session is to be commended,” Pam said.

The ‘Frog Song’ project was supported through \$2000 worth of funding from the Australian Government's National Landcare Program.

## THIS IS YOUR LIFE

**Name:** Ry

**Age:** 3 1/2 **Year:** Kindy

**Favourite Food:**

Mango and Chicken Curry.

**Favourite Virtue:** Kindness.

**Favourite Book:** “Sam and Dave dig a hole” Mac Barnett.

**I collect:** Lady bugs and rocks.

**My nickname is:** Rysie.

**My ancestors come from:** England and The Netherlands.

**Why I love my school:** Because it is amazing.

**When I grow up I want to be:** Digger Driver.

**Because:** I like the biting jaws.



# School News

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## Thank You

- To Our Lunch Order parents Claudia and Nicole
- To all our parents who attended Class meetings- we are most grateful for the support you give – please remember these are all donated hours
- To Tobias for unpacking IT issues with the Year 4 & 6 parents
- To Claudia G and Janine for taking on the role of revamping the Library
- To Penny for sorting the Library books
- To Keppel for taking on the role of Bush Ed while Cass is off travelling
- To all those who have joined our STEP Course to learn HOW WE DO THINGS AT MRIS

## **Quiet Achievers**

Our wonderful ART LIAISON OFFICERS - Special thanks to Tashi, Shannon, Galatee, Angie, Amy J, Lizzie, James, Katja, Sars, Kirsten, Claudia S, Miranda, Bel and Alison for the contact they have made over the past 20 weeks to ensure we have art for the Auction .

## Curriculum Corner

### **Resilience Focus 2019**

Myth#3 - “Is Helicopter Parenting really ruining Resilience?

“We are so afraid of getting parenting wrong that we over-do it getting it right.” Julie Lythcott-Haims

There is no meaningful data to support this theory. It is based on anecdotal evidence from Teachers, Psychologists etc. Helicopter parenting is generally referred to as ‘over parenting’. There is a belief that when there is a lack of connection between baby/parent in the early years this leads to children internalising (depression/anxiety) or externalising (aggression). Parents then become over involved to protect children from experiencing adversity and to maximise their success. Parents over control to satisfy their own anxieties. Parents become protective when their children struggle. There is nothing wrong with being involved as a parent. It’s knowing when to step in and when to step out. Can you do it? Encourage self-efficacy. Allow developmentally appropriate choice. “As children move into the school years there is more evidence that the more parents are involved in the daily lives of their children, the less engaged they are in school. The evidence tells us clearly that it is vital we are involved in our children’s education, but over involvement is associated with diminished school engagement.” Adolescents want their parents to be involved in their lives as long as it is not behaviourally nor psychologically controlling. While we can’t say that over parenting undermines resilience because it hasn’t been properly studied, it certainly reduces a range of attributes strongly related to resilience.

## Governing Body / Office News

**Clean bubble wrap** is needed for the Art Auction, all sizes. We are trying to reduce plastic consumption, by reusing. Please let the office know if you can donate any bubble wrap.

The “**Paint the Tree Blue**” initiative is a reminder to the children to check in and reach out to friends and loved ones, by asking the question RU OK? Letting each other know they matter and are loved. It is to coincide with RU OK day which falls on Thursday 12th September. On the Thursday the children will be decorating the tree with small blue items that make them feel happy and that they think may bring joy to others. Please contact Melissa at school 9757 7515 or email office@mr.is.wa.edu.au if you are able to help.

## Music News

Semester 2 Ensemble has now commenced and so far consists of violinists Luca and Asha Yr 6, flautist Evie R. Yr. 5, guitarists Tommy and Steel Yr. 4 and Max Yr. 4 on ukulele. We also welcome new student Grace Yr. 4 who is new to music and who has volunteered to use some of the time as catch up. Ensemble is currently working on ‘Jingle Bells’ and J. Christoph Graupner’s ‘Intrada’. Thanks to Kate J. we have a violin/flute harmony for the latter and Kate herself is playing a bit more harmony on her flute. Remember - ‘Practice makes perfect!’ but we are just happy when you do practice and do the very best you can.

Pam and Kate J.♪

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## **Meet our PATHS kids this week** **We thank them for their contributions.**

**Emmi** in Year 1. Favourite colour is **galaxy**. Favourite animal is a Dolphin. Favourite Virtue is Love.

**Jasper** in Year 2. Favourite colour is **green**. Favourite animal is a Tiger. Favourite Virtue is Happiness.

**Piper** in Year 3. Favourite colour is **rainbow**. Favourite animal is a Horse. Favourite Virtue is Love.

**Rowan** in Year 4. Favourite colour is **green**. Favourite animal is a Megladon. Favourite Virtue is Creativity.

**Chia** in Year 5. Favourite colour is **blue**. Favourite animal is a Manta Ray. Favourite Virtue is Creativity.

**Chloe** in Year 6. Favourite colour is **jet black**. Favourite animal is a Wolf. Favourite Virtue is Tact.

14<sup>TH</sup> ANNUAL  
**ART**  
**AUCTION**  
MARGARET RIVER 2019  
**SATURDAY 21 SEPTEMBER**

# Class News

## Kindy

with Helen, Noela & Jasmin

Kindergarten class meeting is after school on Monday 19th August. Hope to see you there.

## Pre-Primary

with Ann, Amanda, Julie & Raine

Dear Parents,

We have observed that some of our children are finding the beginning of the day quite overwhelming with the general busy-ness and noise at drop off time. What may seem like back ground noise for one child may be quite unsettling for another child. To ensure that all children are feeling safe and peaceful in the classroom we are asking that all children be dropped at the door with a kiss and a cuddle. There are still times available for parent help on the roster but we asking for only one adult a day. We have also made the decision to have a break from having porridge on Tuesday mornings, however, we will still be going for a walk on the Nature Trail with the Year 1 class. We thank you for your support!

## Year 1

with Skye

Thank you to everyone who came to the class meeting. I will put notes on to Seesaw if you were unable to attend. Please book in for a one to one meeting if you have not already done so. Roster is on the back of the yr 1 classroom door. I have cancelled news telling this week in order to give the children more time to choose a nursery rhyme or poem to recite. This will be the topic for next week instead of wonderful words. In Mathematics we are looking at doubles and near doubles as well as measurement and directions. If you have any recycled materials at home could you please send them in. Also, there has been lots of jumping in puddles due to the rain- could you please send in a spare change of clothes and gum boots. Thank you and stay dry.

## Year 2

with Kate & Jacki

Hi everyone. This week we are continuing to investigate the relationship between addition and subtraction and applying our learning to problem solving in Maths. In English we are in the innovation stage of our Talk for Writing and the class did a great job at performing their 'How to dress up as an ogre' text in the whole school meeting. In Science we are pulling up our veggies from our kitchen garden and making pesto. In HASS Inquiry we are comparing technology in olden day classrooms to those of today.

Thank you to our wonderful PATHS kid Jasper who has impressed me with his gentle and kind leadership this week. Reminders: Bush school Monday 26th August. Thank you for the amazing response for helpers. Camp forms due in ASAP so arrangements can be made for catering. Have a great week!

## Year 3

with Ashley & Julie

Thanks to our PATHS kids Malo and Piper, both so cheerful and helpful! This week we got to hang out with Josh and learn all about the season of Djilba. We also threw boomerangs, a lot trickier than they look!



In protective behaviours we completed a blindfolded trust walk and discussed how we feel when we know we can trust and are safe vs when we don't. This led to updating our trust network- 5 adults we can speak to and get help from when there is a problem. In English we have been working on using descriptive writing for creating a setting. In maths we have been working with fractions and decimals, linking these to money and real life. In science we are looking at shadows and the movement of light. In HASS, the changes in transport in the local community. Thanks to our parent readers for weekly support in the classroom.

## Year 4

with Sara, Bel & Jasmin

This week in our Buddy Class we are creating a whole class animal. The kids have been split into small groups and each group have been given a body part to design. They will then construct these parts and join them all together to create one giant animal. In Health this week we had our Keeping Safe lesson on identifying the signs of neglect. This week in Maths our Learning Intention is to be able to word out time problems and reviewing our 2 timetables. Most kids have completed their first Design Technologies project on fibres – a cotton bracelet and we are moving on to wool. My PATHS kid for this week is Rowan who has been eager to assist with all housekeeping tasks.

## Year 5

with Lindsay

Hi team! The students have made a great start to our HASS work on the Australian Gold Rush. This work, along with the Animal Information Report for Science has the capacity to be done at home. The students have access to the class Dropbox account and can save documents that can be accessed from home and school. Any questions please let me know. Our STEM Robotics work is underway as well with students planning out their tracks that they will then code in the coming weeks. The year 5 students have starting practising for Jump Rope For Heart. The students will be performing a routine of tricks that is sure to have the crowd entertained! If there are any questions, please do not hesitate to email me [lindsay.burke@mris.wa.edu.au](mailto:lindsay.burke@mris.wa.edu.au)

## Year 6

with Laura & Jacki

We have been very busy with our presentations for the 2040 night and the Waterways project. We are continuing to have our SAFE lessons in preparation for camp. Could you please send in the camp documents as soon as possible. We finished our review of fractions and move onto operations and fractions. Our first full Green batch bin was achieved! Thank you to everyone who contributed. Our PATHS person this week is Chloe. Thank you for your kindness, tact, and diligence Chloe!

# School Dates & Info

## School Calendar

**Friday lunch order** is now soup \$3.50 and a cheesie \$1.50.

### Tuesday Aug 20

Protective Behaviours year 5 & 6 with Waratah

### Monday Sept 2

A visit from SUPER KIDS SUPERHEROES -dress up for a gold coin

### Tuesday Sept 3

School Photo Day—please wear school uniform

### Tuesday Sept 9-13

Year 6 camp

### Thurs Sept 12

RU OK day

### Sept 12-13

Year 2 camp

### Tues Sept 17

The Pillow case Project -year 3 & 4

### Saturday Sept 21

ART AUCTION

### Friday Sept 27

Gratitude Tree – “Who are you grateful for?”

### Friday Sept 27

Term 3 ends

### Friday Nov 1

High Tea & Ecology Day

### Please remember

*School Uniform is to be worn for every school outing* -School shirts and BLACK Pants or skirts or shorts

*The Kindy Pre area is now a DAIRY AND EGG AWARE ZONE.*

*NO BINS AT MRIS* - please reduce the packaging sent to school

*MRIS is a SUNSMART school* – we wear wide brimmed hats all year round.

### Super Kids Super Heroes

Last year we were visited by a very special group of concerned parents who rode their motorised scooters from Bridgetown to raise funds and understanding for Childhood Cancer. They are visiting again on MONDAY 2<sup>nd</sup> SEPTEMBER at 12.30. We ask all our students to dress up as a SUPERHERO and donate a gold coin to go towards this worthy cause.

A MARGARET RIVER INDEPENDENT SCHOOL FUNDRAISER  
SHOWING AT THE MARGARET RIVER HEART  
THURSDAY 5 SEPTEMBER, 2019

"Explore what the future could look like by the year 2040 if we simply embraced the best solutions already available to us to improve our planet and shifted them rapidly into the mainstream." 2040

RAFFLE PRIZES  
Earth Sea Star  
LIVE MUSIC  
WADE DU BOULAY  
GLOBAL WRAPS  
ON SALE  
Your school enterprise

TICKETS  
\$20 Adult Fundraiser (includes a complimentary glass of wine on arrival)  
\$15 Adult (movie only)  
\$12 Arts Hub Members (movie only)  
\$8 Youth (movie only – must be accompanied by an adult)

WINE WINE  
MARGARET RIVER

arts  
margaret.river  
the arts hub

Doors open 6pm, movie starts at 7pm  
Purchase tickets from sponsor Arts Margaret River  
<https://artsmargaretriver.com/2040-movie-fundraiser/>

2040 is classified G for General viewing.

## Other News

### MRIS Fathers CAN YOU HELP!

Our MRIS Dad's group is still short on numbers for the sausage sizzle on Sunday, August 25 at Bunnings Busselton.

We require 1 person for the morning shift, 3 for the midday shift and 1 for the afternoon shift.

The link to the event is below or ring the office on 97577515 or email [office@mris.wa.edu.au](mailto:office@mris.wa.edu.au)

<https://www.eventbrite.com.au/e/mris-dads-group-sausage-sizzle-fundraiser-tickets-66733284049>

the fathering project

CLICK ON THIS IMAGE TO

**Join Margaret River Independent School Dads Group**

First Name\*

Last Name\*

Email\*

I am a Father/ Father Figure associated with this organisation.

**Augusta Adventure Fest.** Last year we created a fantastic MRIS team for the Augusta junior survivor race. If anyone is keen to do it this year we recommend you sign up soon. Parents can run with their child without signing up. Danelle Milward and I will start running club at the beginning of term 4 on Thursday mornings at 8.15am in preparation. ((year 1 -6) . Any questions please contact me in email at [kate.appleton@mris.wa.edu.au](mailto:kate.appleton@mris.wa.edu.au)

## Community Corner

Who Gives a Crap toilet paper - Find our new Facebook Group @ MRIS Parent Buying—Who Gives a Crap. Any queries, please contact Amy Penrose 0407 194 124