

## From the Principal

Dear Parents and Friends, "Kaya" & RU OK?

We welcome Ashaya in year 4 and Tully in year 1 and their families. Thank you for joining us on the learning journey.

At our whole school meeting this week we reviewed the school rules.

There are four simple things to remember ;

### Care for SOLE

Care for Self

Care for Others

Care for Learning

Care for the Environment

Love Wendy

### Virtue of the Week: COURAGE

You are practising this when you

- Do what is right for you even when it is hard or scary
- Find strength in your heart even when you are afraid
- Are willing to try new things
- Admit mistake and learn from them
- Make amends when you do something wrong
- Ask for help

**Weekly Wisdom** "With Courage, you will dare to take risks, have the strength to be compassionate and the wisdom to be humble. Courage is the foundation of integrity".....Keshavan Nair

### SEASON WELCOME

We are in the Wadandi season of BUNURU February and March.

**Bunuru** is the hottest time of the year with little to no rain. Hot easterly winds continue with a cooling sea breeze most afternoons – if you're close to the coast. Traditionally this was, and still is, a great time for living and fishing by the coast, rivers and estuaries.

## Little Indies Discovery School

Little Indies resumed on Wednesday with a well-attended Taster session. The three hour nature-based sessions offer a teacher-led discovery experience for children aged 3 to 4 in natural bushland surroundings.

Children explore three different areas on campus – Inside the Gate; Outside The Gate and Off for an Adventure learning through play, creativity, art and environment.

Operating out of the Forest Grove Hall, Little Indies was introduced at MRIS six years ago.



### Help monitor our children's media exposure

During the holidays, many children may have been exposed to concerning content on news and social media, such as the recent bushfire coverage. Useful tips include: Calmly ask children what they've heard about recent news events and find out the extent of their exposure.

Keep in mind children may have seen content which was outdated, repetitious or untrue.

Confirm with children what really happened, keeping your language simple, honest and age-appropriate.

Ask children how the media content makes them feel, and talk to them about what fun or soothing activities you can all do to feel better.

Set reasonable, age-appropriate limits on media exposure.

Help children identify news sources which are accurate and respectful.

If children are concerned about the news, draw their attention to stories of strong, resilient communities and people doing good things to help make the situation better. Talk with children about what steps you can all take to help, such as raising money, volunteering and writing 'thank you' messages to the fire-fighters. More info on esmart visit [alannah and madeline foundation—https://www.amf.org.au/](https://www.amf.org.au/)

# School News

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## Thank You

To all those who attended the Kindy Transition Session on Monday.

To Fiona and Luke for helping us all to understand how to keep kids with an allergy safe in our school.

To Emma McPherson for coordinating the Catering Crew for our school events and providing “at home’ donated hours.

To Sky and Mel for the extra miles to get the Hall looking good for the Taster days.

To all parents who attended the Kindy Info session and the Taster Days.

## **Quiet Achiever**

Celine for setting up the Little Indies Taster day. Thank you so much.

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## **SCHOOL BUSES**

The school has been informed that we are **not authorised to give permission for children to change the bus on which they are registered**. This means we will not be able to take bus changes in the office in the future.

If families need to take a different bus for whatever reason they must now contact [School Bus Services](#) and arrange permission and provide a note to the appropriate bus driver. The school office can only take information regarding children who need to stay at school for pick up. Thank you for your cooperation in this matter.

## **MEET THE SPECIALISTS – ALL WELCOME**

This year we are offering a Forum-type session with our Specialist teachers to help our families get to know and understand the Specialist roles in our school. Music, Art, Drama, Languages, Phys Ed and Innovations tutors will be presenting on Tuesday afternoon 25th Feb in the Library at 2-3 pm. Each staff member will give a short overview of their learning area and answer any questions, clarify understandings and discuss curriculum requirements. We welcome all our parents. Afternoon tea is provided. Please call the office if you are attending for catering needs.

**Parenting Ideas:** Reducing separation anxiety in young children.

<https://www.parentingideas.com.au/blog/reducing-separation-anxiety-in-young-children/>

## **Business Manager News**

**FEE invoices/statements** have been sent and ezidebit forms are available on the app or from the office.

**PARKING** We will shortly be advising or reminding you of our parking plans for special events, however going forward all parents should park in the North and South car parks. This allows children to walk to school via the external pathways and assists in keeping them away from traffic. Staff park in the middle car park and once this fills up they will use the Forest Grove hall car park.

## **Governing Body/Office News**

Please remember to sign in and sign out your child if they are late to school or have to leave early. Please let the office know if your child is absent via our new School Stream app or by phone or email.

If your child is not travelling home on the school bus please notify the office before 2pm.

Please download our new app Schoolstream. A great way to keep up to date, record parent hours and advise absences.

Uniform Orders are due by February 17th. These can be ordered via Schoolstream.

## **CAN YOU HELP?**

### **LIBRARY TO CHANGE TO FRIDAYS**

Our Library is a very welcoming space for all our school members. This year we are trialling all French Language lessons in the Library with Alicia on Wednesdays and Maths Tutoring with Amanda on Thursdays with the Literacy tutoring continuing Mondays and Tuesdays. Library will be timetabled on Friday for classrooms and we are very grateful to our Library parents for their flexibility and support. If you would like to help with the roster or shelving books -please call Janine in the office on a Friday.

### **SET UP PERSON**

We are looking for parents who would be willing to be a SET UP PERSON— someone who can arrange the set up for events and then clean up and pack away. This is a very helpful service for donated hours. Please let Melissa in our office know if you can help.

### **400m TRAINING WITH SEAN**

We are running a training session every Thurs at 8.15 with Sean. If you are wanting to be part of the 400 m training squad please come and train before school.

# Class News

## Kindy

with Helen & Noela

The main aim in these early weeks has been to have children feel comfortable, relaxed, happy and secure at kindy. To help achieve this staff have started to build secure, respectful and reciprocal relationships with children and form partnerships with families. We have offered a friendly, caring, interesting and predictable environment that has connections with home. This week we introduced our 'Who Is This' book in which all the kindy children feature. Each family will receive a copy of this book. This book provides a meaningful context for:

- children and families to learn everyone's name
- acknowledging and celebrating each child
- helping to contribute to each child's sense of belonging at kindergarten
- enhancing the development of many literacy skills.

## Pre-Primary with Ann, Amanda, Julie, Raine & Jasmin

This week our focus in our English group work was to develop listening skills and awareness of sounds in the environment. In our Maths groups we practised counting collections, making sure we said each number in order and only counting each object once. To consolidate these skills the children worked together to set up a cupcake shop where they also had the added challenge of matching the written numeral to the amount.

Lunch orders are every Friday!

Our class meeting is next Thursday 5th March @ 3pm.

## Year 3

with Kate & Jacki

Another wonderful week of learning and growing together! This week in Year 3 we have been exploring our understanding of emotions. We have been talking about the wide range of emotions that we can feel and how these emotions may be represented in facial expressions.

The idea of Multiple Intelligences was also talked about in our class this week. We discussed that we can each be different in the way we learn and have investigated what we believe to be our areas of strength. Just a reminder that the Parent Meeting for Year 3 will be held on Monday 17th February at 3:15.

## Year 4

with Sara & Jacki

This week we have started training for the Sport's Carnival by practising Tunnel ball. We will continue to learn the rules and skills twice a week. In Maths this week we are focusing on Place Value and everyone has developed a deeper understanding of this concept. The kids have posted a few items on SeeSaw so go online, check them out and feel free to leave feedback, the kids love reading your messages. The class meeting is Thursday 20th February and it would be great to see you there. If you have any queries please feel free to leave me a message on SeeSaw or email me on [sara.walker@mr.is.wa.edu.au](mailto:sara.walker@mr.is.wa.edu.au).

## Year 6

with Laura

We have worked hard and are reviewing equivalent fractions and the four operations. We have completed the cold task for narratives and will be focussing on skill and knowledge development with this text. The children have chosen a passion project, either an artist, politician or significant event during Federation. We have new fish and if you have guppies or a goldfish or a larger pump you would like to donate to the class we would appreciate it. The class meeting is on Wednesday 19th of February at 3.10pm. I hope to see you there.

## Phys Ed

with Sean

Term 1 every year is preparation for our inter school sports carnival. In each class we practice a mixture of team games (tunnel ball, leader ball, flag race), and individual challenges (running races, long jump, triple jump for year 3 to 6, throwing for distance). To help with your child I have listed some activities you can try with them: Years 1 and 2 - Long jump, going for a short run (400m), having a race for 50m, throwing a tennis ball for distance and even hopping on one foot over distance to help with coordination, strength and in prep for triple jump. Year 3, 4, 5 and 6 - Long jump, having a race for 80m then 400m, throwing a tennis ball for distance, throwing and catching and ... triple jump! (use YouTube for technique!) We have many aims for our sports carnival including team work, patience and of course supporting others. It is also a great opportunity to help practice focus when confronted with pressure (in a friendly atmosphere of course). Your help and support of your child not only helps with their coordination and performance, it means a lot to them. Nothing beats Mum or Dad practising with them. Finally, each class is taught how to practise self talk before a big race. Positive words of support are a skill that will apply to our sports day and in many other areas of life. Your help is appreciated.

**400m TRAINING** We are running a training session every Thurs at 8.15 with Sean. If you are wanting to be part of the 400 m training squad please come and train before school

## Music

with Amalia

Students who bring in stringed instruments, please drop them at the PAC before school starts. Can you please remind your children on Wednesday (Year 6) and Thursday (Years 3-5). Thank you.

# School Dates & Info

## School Calendar

*School Uniform is to be worn for every school outing - School shirts and BLACK Pants or skirts or shorts*

*Library Day is on a Friday. Please remind your child to bring in their library bag and any overdue books.*

*THURSDAYS – 400 m training at 8.15 with Sean for interschool sports*

**Wed 18<sup>th</sup> Feb** – Art session with Tania Davey for Augusta River Festival.

**Fri 20<sup>th</sup> Feb**—Harmony Day at school.

**Tues 25<sup>th</sup> Feb** – MEET OUR SPECIALISTS 2-3 pm in the PAC.

**STEP COURSE**– Weeks 6,7,8,9 . Mondays 1-3pm . Please book in at the office.

**Thurs 26<sup>th</sup> Mar** – Grandparent Day 9.15–11.15am.

**Tues 7<sup>th</sup> April** – Interschool JUMPS and 400 m at Augusta Primary School.

**Wed 8<sup>th</sup> April** – Interschool Athletics at St Thomas More Primary School.

**Thurs 9<sup>th</sup> April** – end of term 1

## Taco Wraps!

### Friday Canteen Day

Eggs / Nuts / Dairy & Vego friendly :-)

Gluten Free option on request

Vego Taco Filling

(The same yummy nacho sauce from 2019)

Lettuce, Carrot, Corn & Capsicum in a Tortilla wrap

\$4 each wrap

\$1 frozen orange wedges

**Class meeting dates are as follows—3.10pm**

Year 3—Monday, 17th February

Year 6—Wednesday, 19th February

Year 4—Thursday, 20th February

Pre-primary—Thursday, 5th March

## Other News

Thank you to everyone who has volunteered for our school **Breakfast Bar** so far, and a big thank you to Sarah Astromsky who will share the role of coordination with me. We have 5 Farmers Market Breakfast Bars left for the year, and we need more volunteers.

The Breakfast Bar is offered as a fundraiser to not for profit groups by the Margaret River Farmers Market. The Bar sells bacon and egg burgers, sausage in a bun and we are working on a vego option. Where possible we use produce from the stallholders and local businesses. All animal products are free-range or organic.

It would be fantastic if we can fill the rosters as early as possible.

Our market days ;

February 29th

March 14th and 28th

April 11th Easter long weekend and

25th Anzac long weekend

Shift times;

6:40 am to 8 am, includes set up

8 am to 10 am

10 am to 12 am, includes pack up .

Last year we raised close to \$5000, which will go towards improving our Performing Art Centre stage.

This year money raised will also go to our specialist classes.

The Breakfast Bar stall is a fun and social morning and is an easy way to start getting your 20hrs for the Term. Please text or phone me if you can help or any of the following dates. Claudia Serventy 0405 552 473

## Who Gives a Crap toilet paper



## PRODUCTS & PRICES

Toilet Paper (100% recycled paper)	48 double rolls of 3 Ply	\$42.00
Premium Toilet Paper (100% bamboo)	48 double rolls of 3 Ply	\$49.00
Facial Tissues (100% bamboo)	12 boxes per pack, 70 sheets per roll	\$18.00
Paper Towel (bamboo & sugarcane)	6 double rolls per box, 120 sheets per roll	\$18.00

### ORDER & PAY BY MONDAY 17TH FEBRUARY 2020

Orders can be placed through our new fbook group @ MRIS Parent Buying Group - Who Gives a Crap

Payment to the account below:

ACC NAME: Amy L Penrose  
BSB: 016520 ACC: 2169-87238  
Please use reference: SURNAME



For enquiries, please contact Amy Penrose via MRIS Parent Buying Group - Who Gives a Crap fbook group or text 0407194