

## From the Principal

Dear Parents and Friends, "Kaya" & RU OK?

At MRIS we use a Protective Behaviour Programme called "Keeping Safe". Protective Behaviours (PB's) is a safety awareness and resilience building programme which helps children and adults to recognise any situation where they feel worried or unsafe, such as feeling stressed, bullied or threatened; and explores practical ways to keep safe. Protective Behaviours develops personal safety skills that can be used by children, young people and adults to keep them safe and work towards reducing violence and abuse in the community. See page 2 for KEEPING SAFE programme information.

We are advertising for a wonderful Kindy Teacher to continue our programme whilst Helen is on leave. Stay tuned for more news. We welcome Kelly C to Kindy who is completing her Education Assistant prac.

Love Wendy

### Systematic Training Effective Training

Have a plan for the most important job we will ever have – being a parent.

We are very excited to be offering our wonderful STEP course for all our parents. This course is the basis of our Behaviour Management at MRIS. We know that there is so much to learn about parenting and we never stop. This course gives us a plan for parenting to raise happy, healthy, confident, cooperative, responsible children. To form strong, life-long family relationships and to raise a child who is loved and able to give love... Our job is to guide – not punish or do everything for our child and to understand that a child's behaviour always has a purpose.

Come and join us on four Mondays, 1-3 pm in the Library commencing 9 March. All welcome. Please book in at the office.

### Virtue of the Week: Creativity

You are practising this when you

- Discover your gifts
- Use knowledge and training to develop them
- Think of new ways to make things work better
- Use your imagination
- Take time for dreaming
- Do things in your own creative way

## Tip Top Twenty in MRIS Kindergarten!

MRIS has welcomed 20 new Kindergarten students to the school including two sets of twins!

Kindergarten teacher, Helen Ewing said the transition to Kindergarten went smoothly and the children were settled and happy in their new environment.

This is the third year that MRIS has enjoyed a full capacity class in the kindergarten. Enrolments are now open for Kindergarten 2021.



### Meet our PATHS kids this week We thank them for their contributions.

**Mason** in Year 1. Favourite colour is **blue**. Favourite animal is a Giraffe. Favourite Virtue is Kindness.

**Olivia** in Year 2. Favourite colour is **blue**. Favourite animal is an Elephant. Favourite Virtue is Love.

**Juno** in Year 3. Favourite colour is **sunrise**. Favourite animal is an Australian Shepherd. Favourite Virtue is Tact.

**Kit** in Year 4. Favourite colour is **black**. Favourite animal is a Red Panda. Favourite Virtue is Justice.

**John** in Year 5. Favourite colour is **yellow**. Favourite animal is a Dingo. Favourite Virtue is Creativity.

**Jack** in Year 6. Favourite colour is **blue**. Favourite animal is a Kelpie. Favourite virtue is Creativity.

**Weekly Wisdom:** "Whatever you can do, or dream you can ... begin it. Boldness has genius, power, and magic in it." .... Johann Wolfgang von Goethe

# School News

## Thank You

To our Lunch Order parents Cathy and Paul.

To our Specialists for their time, talent and presentations... and to all the parents for attending.



To Gemma, Cherie and Rebecca W for providing food items for the Meet & Greet the Specialists.

To all those who came to train for the 400m run and to our parents for their support to get here. Thank you.

**Quiet Achiever** Karin for help in setting up our Meet the Specialists afternoon.

The Keeping Safe: Child Protection Curriculum (KS:CPC) is a child safety program for children and young people from age 3 to year 12. It teaches children to:

- recognise abuse and tell a trusted adult about it.
- understand what is appropriate and inappropriate touching.
- understand ways of keeping themselves safe.

It is a world-class, evidence-based child safety program that is used by a range of other Australian and international schools. We have a legal responsibility to protect children and young people from abuse.

All children and young people have a right to:

- be treated with respect and to be protected from harm.
- be asked for their opinions about things that affect their lives and to be listened to.
- feel and be safe in their interactions with adults and other children and young people.
- understand as early as possible what is meant by 'feeling and being safe'.

The curriculum follows 2 main themes:

- we all have the right to be safe.
- we can help ourselves to be safe by talking to people we trust.

The 2 themes are explored through 4 focus areas:

- the right to be safe.
- relationships.
- recognising and reporting abuse.
- protective strategies.

The focus areas are targeted to the age of the learners. Teachers present lessons each term and post the lesson focus in the classroom information section of the Newsletter.

## THIS IS YOUR LIFE

**Name:** Mila

**Age:** 5 **Year:** PP

**Favourite Food:** oranges.

**Favourite Virtue:** Creativity.

**Favourite Book:** Spot.

**I collect:** Special rocks.

**My nickname is:** I don't have one.

**My ancestors come from:** England, Ireland, Scotland and Java.

**Why I love my school:** because there is pretty dragons and I can play with my friends.

**When I grow up I want to be:** A ballerina.

**Because:** I did ballet for ages.



## THIS IS YOUR LIFE

**Name:** Augustus

**Age:** 11 **Year:** 6

**Favourite Food:** Pasta shells.

**Favourite Virtue:** Kindness.

**Favourite Book:** Bad Guys.

**I collect:** I don't collect.

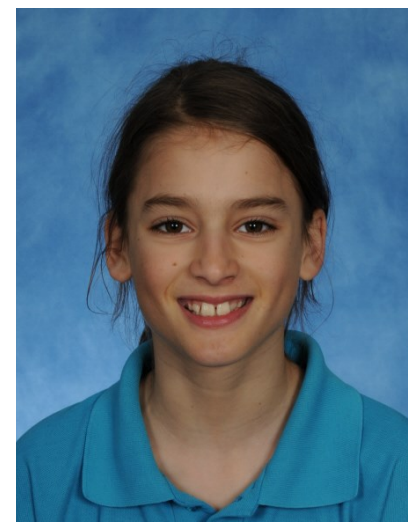
**My nickname is:** Gusie.

**My ancestors come from:** Australia and England.

**Why I love my school:** My friends.

**When I grow up I want to be:** I don't know yet.

**Because:** I will think about it in Year 10.



**Parenting Ideas:** Anxious Kids? Teach them to take off their anxiety goggles.

<https://www.parentingideas.com.au/blog/anxious-kids-teach-them-to-take-off-their-anxiety-goggles/>

# Class News

## Pre-Primary with Ann, Amanda, Julie, Raine & Jasmin

Next Tuesday the Pre Primary children will be joining the Year 1 class for a session with Josh Whiteland from Koomal Dreaming. The children will learn about the features of the season, Bunuru. Please make sure your child has enclosed footwear on Tuesday as we will be going for a bush walk. Our class meeting is next Thursday at 3pm. If there is a change to your child's travel arrangement that afternoon please let the office know. Please be aware that we are Dairy/Egg/Nut aware and we aim to leave no traces of these allergens in the indoor and outdoor environment.

## Year 1 with Skye, Janine & Jasmin

In Literacy we are beginning our Talk for Writing recount where we learn the structure of a text - first verbally, with supporting actions. In Mathematics we are learning about teen numbers. In Design and Technology we are designing our time capsules. Could you please send in any non-dairy/egg free recycled materials that we can use for construction. A reminder to please return the "When I was.....Book" sheets. Please also write a note if there are ANY changes to your child's bus/pick-up routine. Our news next week will be our secret object/memory. We will be going for a bush walk on Friday so please ensure that your child has closed in shoes and a raincoat, just in case. Thank you Mason for being our PATHS kid this week. We hope you have a wonderful weekend.

## Year 2 with Kate

This week as part of our Inquiry topic, we watched a film about the process of making chocolate from cocoa beans. We had lots of questions about cocoa beans and where they are grown and what they look like so we have begun to research. The group were inspired to set up their own chocolate factory in our outdoor classroom. We are continuing to retell Tiddilick and will be ready to innovate our stories next week. In Maths we are looking for real life examples of 3D shapes outside the classroom and the properties of them inside. Amanda has been introducing our new class pets: the mealworms! We are making daily observations.

Reminders: reading folders to school daily please. Bush school permission and payment due in by Friday please. Have a great week.

## Year 3 with Kate & Jacki

This week in Year 3 we have commenced two units of work for the learning areas of Science and HASS.

This term the Science unit will be based on Chemical Science. We will be learning about the way a change of state between solid to liquid can be caused by adding or removing heat, through hands on activities, group work and investigations.

Our HASS unit will take us on a journey back in time to explore the settlement of the South West. Through the Inquiry process we will learn about the Wadandi people and the first families that settled in the Margaret River region.

## Year 4 with Sara & Jacki

This week have reviewed both our zero and one timetables with everyone experiencing success. The class will now move on. In Science we have completed the second stage of the Life Cycle of Oxygen and in History the kids are finishing off their research on the First Fleet. On Wednesday we have Tracey Muir come and talk about Adopt A Spot. She showed the class how to do the planting when we visit Redgate Beach. An excursion note has gone home this week for the Lighthouse. Could this be returned ASAP and please note students will need to wear school uniform. My PATHS kid for this week is Kit and she has always been ready to assist when needed.

## Year 5 with Jacob, Bel & Jasmin

We have finally learnt our story map all the way through for "Bring back the beasts". Over 350 words have almost been committed entirely to memory - we can now rehearse and celebrate. In maths we are looking at area and perimeter- which has raised the discussion who has the tiniest and largest bedrooms. I think my room is the most minimalist so far! What is the floor area of one's bedroom and how much tiling or carpet or timber is needed to cover it? These are our weekly problems.



# School Dates & Info

## School Calendar

**Thurs:** 400m training at 8.30am.

**Mon 9 Mar, 16 Mar, 23 Mar & 30 Mar:** STEP Course 1-3pm . Please book in at the office.

**Fri 20 Mar:** Harmony Day. Dress up in orange or traditional costume. Gold coin donation towards our sponsor child.

**Sun 22 Mar:** AGM at 10am.

**Thurs 26 Mar:** Grandparent Day 9 –11am. Theme this year is “Old toys, dolls and teddies”.

**Tues 7 Apr:** Interschool Jumps and 400m at Augusta Primary School.

**Wed 8 Apr:** Interschool Athletics at St Thomas More Primary School.

**Thurs 9 Apr:** end of term 1.

**Sun 26 Apr:** term 2 Busy Bee.

*Library Day is on a Friday. Please remind your child to bring in their library bag and any overdue books.*

### Grandparent Day Thursday 26 March

We will be holding our 6<sup>th</sup> Grandparent Day on Thursday 26 March from 9–11am. Our theme this year will be “Old toys, dolls or bears”. Bring along anything from your childhood that you still have and share a story about the history. Please let the office know if your family is coming for catering numbers.



### Season of Bunuru: February & March

The colours of the season of Bunuru are yellow, orange and red.

## Business News

Fees are due by Sun 1 Mar 2020. Kindly ensure you have paid the amount due by the due date or have a payment plan/ezidebit in place.

School Stream app – we now have 101 users!! Thanks to everyone who has already registered, we hope you find it useful. For those who haven't please register ASAP to enjoy the benefits of this app.

## Office News

Can you help?

Are you able to collect 2 large terracotta tubs for the entrance to the school from Mitre 10 please. Call the office if this is something you can do.

We are needing donations of plain fabric in all the different colours for flags. Please give to the office if you can help.

## Governing Body News

### Chairperson's invitation to 2020 AGM & Call for Nominations to the School's Governing Body.

Our Family School is both unique and rewarding as it offers our families the opportunity to share in their children's education, and to integrate home and school education. As an incorporated association the annual general meeting is essential to provide you the members, with the opportunity to hear how the School has operated in the last year, what will be the focus of the next years, elect the new Governing Body (GB), ask any questions you may have, as well enjoy the social occasion.

The Governing Body has the vital role of planning and overseeing the School's vision and direction. Being a GB member allows you to contribute while deepening your knowledge of governance, education and continuous improvement. I can personally recommend it as incredibly rewarding. So, if you think this might suit you, please consider nominating to the GB. If you would like further information, feel free to contact me on 0438 928 123.

I look forward to enjoying the MRIS 2020 AGM, some chat, tennis & delicious brunch with you at the tennis club on 22 March from 10am.

Jessica (Jessica Worrall, Chairperson)

## Other News

A note from the Community Health Nurse. Welcome to the new school year. My name is Karen Bryen and I am the Community Health Nurse who visits your school. I work with a team of School Health Nurses (Jill Rogers, Serena Robinson, Rochelle Mead and Danielle Marsden).

Community Health Nurses work in schools to promote healthy development and wellbeing so students may reach their full potential. A major part of my work is focused on early intervention and the School Entry Health Assessment program.

Community Health Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. The services provided are free and confidential.

If you have a concern about your child's health or development, please contact me on 97536475 or email WACHS-SW Naturaliste Primary School Nurses@heath.wa.gov.au