



MARGARET RIVER

Independent SCHOOL

EST. 1982 AS NYINDAMURRA FAMILY SCHOOL

MRIS Matters

Our School's Weekly Newsletter — Distributed Fridays

2020 MRIS IQ Focus = Learning Intentions and Success criteria, EQ focus = Resilience

Week 7/10

Term 2

12 June, 2020

From the Principal

Dear Parents and Friends, “Kaya” & RU OK?

We welcome our new Pre-primary teacher Shaunna Kilculen. Shaunna will be joining Ann to continue the wonderful work that has been provided in the pre-primary class. Ann will be teaching on Monday and Tuesday and Shaunna will complete the week. We trust Shaunna will enjoy the strong and caring teamwork to be encountered with our school staff.

You are invited! We invite all our parents to join us in week 10 on Wed afternoon for an inspiring workshop “5 Strategies to assist Character Development & Resilience in Your Child” 1 -3 pm. This workshop will focus on Character Education which is an essential component and priority for our school and guides our behaviour management structures and interactions. Please call the office to book in. AND the next focus for SELF CARE is Mindfulness.

Love Wendy

Virtue of the Week: Helpfulness

You are practising this when you

- Notice when someone needs help
- Do a service without being asked
- Give people what they need, not always what they want
- Listen to someone who needs to talk
- Care for your own needs
- Ask for help when you need it

Weekly Wisdom “Oh, I get by with a little help from my friends”... John Lennon & Paul McCartney

Meet our PATHS kids this week, We thank them for their contributions.

Tully in Year 1. Favourite colour is **orange**. Favourite animal is a cute Bird. Favourite virtue is Creativity.

Ciara in Year 2. Favourite colour is **galaxy**. Favourite animal is Pegasus. Favourite virtue is Gratitude.

Jordi in Year 3. Favourite colour is **purple**. Favourite animal is a Monkey. Favourite virtue is Creativity.

Ziggy in Year 4. Favourite colour is **red**. Favourite animal is a Grizzly Bear. Favourite virtue is Kindness.

Mahla in Year 5. Favourite colour is **green**. Favourite animal is a Panda. Favourite virtue is Creativity.

Chia in Year 6. Favourite colour is **blue**. Favourite animal is a Red Panda. Favourite virtue is Creativity.

Performing Arts Centre extension underway at MRIS



Signing of the Contract: Wendy Roediger, Architect Neil Tweedie, Terra Castle Constructions Reto Zschokke, MRIS Chairperson Jessica Worrall and MRIS students Kit, Taj & Evie

An exciting milestone has been achieved today with MRIS & Terra Castle Constructions signing the contract for the PAC Covered Assembly Area Additions and Alterations. This \$160,000 project includes \$80,000 funding from the Australian Government’s Capital Grant Program. Work will commence on site during the July school holidays with the concrete pour and installation of doors. Preparation work will then continue offsite, with construction recommencing on site during the September-October school holidays and continuing into the start of the Term 4. Principal, Wendy Roediger said the building project would enlarge the PAC’s interior area to match our growing student population. Enclosing the centre will create a more usable space, as well as providing an area for emergency bushfire refuge. A lighting and sound system will also be installed. “This PAC extension will enhance all aspects of our performing arts, music and sport programs and will provide a state-of-the-art space for students in our small school, and the wider community.”

THIS IS YOUR LIFE

Name: Lily

Age: 6 **Year:** 1

Favourite Food: Cookies and Cream ice-cream pancakes.

Favourite Virtues: Kindness and Creativity.

Favourite Book: books about Ponies.

I collect: fairies, books and art & craft.

My ancestors come from: Croatia and Ireland.

Why I love my school: because it is kind and caring.

When I grow up I want to be: a Horse-Rider.

Because: I love horses.



School News

Thank You

Thanks to all our parents for continuing to keep 1.5m distancing.

Thanks to Ian for the gift of avocados.

Thanks to Scarlett and Gabe for helping with Library work.

Quiet Achievers

Claudia and Penny for the wonderful work completed in our Library. They have ordered and covered books relentlessly and sorted and arranged new shelves ready for the time when we can open and enjoy this great space. Thank you so much.

Wadandi Word of the Week

'*Djurapin*' which means *happy*.

Other News

Who Gives a Crap toilet paper! To order please contact Amy 0407 194124 or by the FB page—MRIS Parent Buying Group.

MRIS Term 2 Order

To order, please contact
Amy Penrose on
0407194124

or join our fbook group -

MRIS Parent Buying Group
- Who Gives a Crap



MRIS COVID-19 Phase 3 Guidelines

Commencing Monday 8th June

Please note the following changes/updates to the School's previously advised COVID-19 operating guidelines.

Parents/Carers & Visitors

- May now drop off children at the classroom door.
- May come on to the school grounds to attend pre-arranged meetings.

*Note: Adults coming onto the school ground must maintain a **1.5m** physical distance from other adults except where they are members of the same household*

*Note: All visitors (including, parents and carers) **must wash or sanitise their hands** before entering indoor areas*

Canteen and Library

- Will reopen in Term 3 – stay tuned for more details.

Sport

- Contact sport and training is now permitted.
- Good hygiene will still be observed (hand washing before and after lessons, sneeze into elbow).
- Swimming will return in Term 4, week 2.

Incursions/Excursions/Camps

- Can go ahead where safe hygiene practices can be put in place. Further information to be provided when available.

Playgrounds

- Remain closed due to cleaning regime but may be reopened soon.

General

- Indoor gatherings are limited to a maximum of one person per 2 square metres in any available space (classrooms exempt).

Cleaning

- Extra and regular cleaning will continue unchanged.

Please remember to keep your children at home if they show any signs of illness. Adults should not enter school grounds if they are unwell.

Class News

Kindy

with Helen, Noela & Kelly

Learning at kindy is integrated. While children have been creating amazing minibeast collages not only have they been becoming familiar with art techniques and thinking creatively they have also been transferring and adapting their knowledge of minibeast, particularly characteristics of insects and spiders which we have been discussing this week. They have been looking at and describing shapes and participating in one to one counting. Staff have also been encouraging children to be aware that the last number said in a count tells you how many. Lots of talking with each child while participating in this learning experience has created a meaningful context to encourage the development of language skills including vocabulary consolidation and expansion. This activity has also been great for developing fine motor skills. Children's comments, interests and questions about minibeast led us to this learning experience. This is wonderful for developing confident and involved learners.

Pre-primary with Ann, Shaunna, Julie, Raine & Jasmin

My name is Shaunna Kilcullen and it is a pleasure to introduce myself as one of your child's teacher, Wednesday – Friday, in Pre-Primary. I am a passionate Early Childhood Teacher with experience teaching Pre-Kindy to Year 4, who holds a special place for all things Language and Literacy. I believe in a holistic approach to education driven by my background in Psychology, and I am determined to support each child to cherish their strengths and feel confident to let their light shine. Priorities in my classroom include following the children's lead and using an inquiry model to prepare students to become competent life-long learners. This week I have been spending time getting to know the Pre-Primary children and have loved engaging in their play to learn all about their interests. I can't wait to support them on their learning journey!

Year 2

with Kate & Amanda

This week we are beginning to ask how we tell the time in Maths. We are completing our animal reports and writing our 'hot writing' tasks in English this week. In HASS we are comparing our new thinking with our first thinking. Have we answered all our wonder questions? We will start to imagine what new technology will look like. In Science we are experimenting with ink as part of our Mixtures inquiry.

In our smiling mind sessions we are learning 'self compassion' and how to be kind to ourselves. What an important lesson!

Reminders: Bush school Tuesday 16th—Please remember school uniform must be worn.

Please ensure reading folders are brought to school every day.

Thank you to those parents who have organised a parent meeting. I look forward to catching up with you all.

Have a great week!

Year 3

with Kate, Jacki & Bel

This week in Year 3 we have been busy practising reading and showing time on an analogue clock. I am impressed with how quickly the children are developing this skill. This term the Science unit has been 'Spinning in Space'. To conclude this unit the children worked with partners to create a project poster. The posters display the knowledge they have obtained about what causes day and night, and their understanding of shadows.

Year 4

with Sara & Troy

This week we managed to finish our PAT testing for this semester, I am very proud of the resilience shown with students completing all these assessment tasks. In Maths we have continued to focus on angles and have started using protractors to measure the degrees of an angle. In Science the class have begun building a ring toss game to display the forces bounce, roll and throw. The final products will be displayed on Seesaw. We are on the countdown to each student presenting their Passion Projects and most are preparing their palm cards. As a whole we discussed what are the key elements needed when presenting a talk to an audience and together we came up with a check list and rubric for marking. If anyone has a child who is concerned with this presentation please don't hesitate to contact me. We also closed off our learning rotations in Civics and Citizenship and will be moving on to a more detailed look at laws.

Year 5

with Jacob, Bel & Jasmin

We are learning about 24 hour time this week. We looked at what parts of the world use 24 hour time and the benefits of it, along with its use in the military. Test your child with converting the time to 24 hour time at home if they are ready for this. 8:00 am becomes "zero eight hundred hours", 1:00pm becomes "thirteen hundred hours", and so on. Remind them to add 12 if it is 1pm or later in the day to find their answer. We have also started our research into colonial characters for mock Facebook profiles- this will be due in the last week for presentation. If you can help by chatting about their character, especially if they are having trouble choosing.

Year 6

with Laura

Year 6 have been working hard finishing their Asian country research and dioramas. For maths integers were introduced and the number line was used to work out positive and negative maths equations. The children also designed an obstacle course to record their personal fitness, their resting and after exercise heart rate in their fitness journals. The Reconciliation Project is making progress with the beautiful desert leaves surrounding the hand. A wonderful collaborative effort.

Thank you to Chia for your determination, kindness and excellence as our PATHS person this week.

School Dates & Info

School Calendar

Tues 16 Jun: All students year 1-6 please wear school uniform and covered shoes for a special filming event for the school and our Noongar mentor Josh Whiteland.

Tues 16 Jun: Year 2 Bush School with year 6.

Wed 1 Jul: “5 Strategies to assist in Character Development & Resilience in your Child” workshop to be held in the Library.

“Self Care” Week 7 Mindfulness

Mindfulness is defined as “an awareness that arises through paying attention, on purpose, in the present moment, non-judgementally.... It is about knowing what is on your mind.” Jon Kabat-Zinn (2003)

As educators, our daily lives are hectic and every-changing. It is easy to feel overwhelmed and out of control. Mindfulness is a way to combat those feeling and feel calm, centred and capable.

Mindfulness increases self-esteem, self-control and immunity. It also decreases stress and depression.

This week’s invitation: Try at least one (new) mindfulness technique.

Mindful Walking: Your steps should be comfortable. Focus on the how the sensation in your feet change as you walk.

Guided Meditation: There are many excellent apps like Headspace (<https://headspace.com/headspace-meditation-app>)

Deep Breathing: Set an alarm to stop and take a few mindful breaths three times a day.

Silence: Shower, brush your teeth, make breakfast, drive to and from school, or walk in complete silence.

Yoga: Try a few yoga poses.

Reflect on the Week:

- When and how did you incorporate mindfulness into your schedule this week?
- Which options did you choose and why?
- How did practising the option impact your week?
- How did focusing on mindfulness help shape your week both professionally and personally?
- Do you plan to consider to make mindfulness part of your routine? Why and how?

“How To Do”

For successful spelling instruction there are 6 key skill areas.

- **Phonological Awareness-** Is when students represent all the sounds or syllables in a word with a letter.
- **Phonics –** Is when students know the most common way to write down each sound in English and recognize accepted phonic patterns/
- **Spelling conventions and patterns -** Is when students understand which letters typically go together and in which order. They know the ‘rules’
- **Metacognitive and memory strategies –** Is when students use a range of spelling strategies to recall more complex phoneme/grapheme patterns and they know the High frequency Words or “Must Know Words”
- **Syntax (sentence structure) and morphology (grammatical function) –** is when students understand the meaningful parts (called Morphemes) and grammatical function in order to spell correctly. They are not always spelled exactly the way they sound.
- **Semantic knowledge (meaning) and etymology (derivation of words) –** Is when students consider the meaning, the origin of the word and spelling of base words for correct spelling.

*“5 Strategies to assist
Character Development & Resilience
in your Child”*

with Virtues Project Facilitator, Chloe Drysdale

Join us for a **FREE** interactive workshop which offers parents simple strategies to raise children who are kind, optimistic and have a strong sense of purpose

Wednesday
July 1, 2020
in the
MRIS Library
1-3pm

Afternoon tea will be served
Limited places so please RSVP by June 17
on 9757 7515 or email
office@mriss.wa.edu.au


Independent School
EST. 1962 AS NTINGAPURKA FAMILY SCHOOL